

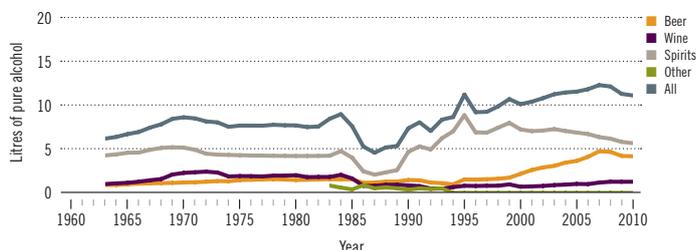
Russian Federation

Total population: 144 000 000 > Population aged 15 years and older (15+): 85% > Population in urban areas: 73% > Income group (World Bank): Upper middle income

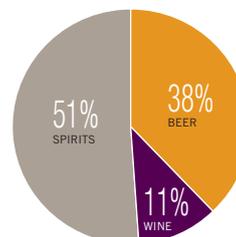
ALCOHOL CONSUMPTION: LEVELS AND PATTERNS

Recorded alcohol per capita (15+) consumption, 1961–2010

Data refer to litres of pure alcohol per capita (15+).



Recorded alcohol per capita (15+) consumption (in litres of pure alcohol) by type of alcoholic beverage, 2010



Alcohol per capita (15+) consumption (in litres of pure alcohol)

	Average 2003–2005	Average 2008–2010	Change
Recorded	11.4	11.5	→
Unrecorded	4.7	3.6	↘
Total	16.1	15.1	→
Total males / females		23.9 / 7.8	
WHO European Region	11.9	10.9	

Total alcohol per capita (15+) consumption, drinkers only (in litres of pure alcohol), 2010

Males (15+)	32.0
Females (15+)	12.6
Both sexes (15+)	22.3

Prevalence of heavy episodic drinking* (%), 2010

	Population	Drinkers only
Males (15+)	29.8	39.8
Females (15+)	10.3	16.6
Both sexes (15+)	19.1	28.2

*Consumed at least 60 grams or more of pure alcohol on at least one occasion in the past 30 days.

Abstainers (%), 2010

	Males	Females	Both sexes
Lifetime abstainers (15+)	6.5	18.5	13.0
Former drinkers* (15+)	18.6	19.6	19.1
Abstainers (15+), past 12 months	25.2	38.0	32.2

*Persons who used to drink alcoholic beverages but have not done so in the past 12 months.

Patterns of drinking score, 2010

LEAST RISKY < 1 2 3 4 **5** > MOST RISKY

HEALTH CONSEQUENCES: MORTALITY AND MORBIDITY

Age-standardized death rates (ASDR) and alcohol-attributable fractions (AAF), 2012

	ASDR*		AAF (%)	
	48.7	26.1	48.0	74.2
Liver cirrhosis, males / females				
Road traffic accidents, males / females	33.2	9.6	49.2	45.3

*Per 100 000 population (15+).

Prevalence of alcohol use disorders and alcohol dependence (%), 2010*

	Alcohol use disorders**	Alcohol dependence
Males	31.0	16.5
Females	6.2	3.3
Both sexes	17.4	9.3
WHO European Region	7.5	4.0

*12-month prevalence estimates (15+).

**Including alcohol dependence and harmful use of alcohol.

Years of life lost (YLL) score*, 2012

LEAST < 1 2 3 4 **5** > MOST

*Based on alcohol-attributable years of life lost.

POLICIES AND INTERVENTIONS

Written national policy (adopted/revised) / National action plan	Yes (2009/—) / No
Excise tax on beer / wine / spirits	Yes / Yes / Yes
National legal minimum age for off-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
National legal minimum age for on-premise sales of alcoholic beverages (beer / wine / spirits)	18 / 18 / 18
Restrictions for on-/off-premise sales of alcoholic beverages:	
Hours, days / places, density	Yes, No / Yes, No
Specific events / intoxicated persons / petrol stations	Yes / No / No

National maximum legal blood alcohol concentration (BAC) when driving a vehicle (general / young / professional), in %	Zero tolerance
Legally binding regulations on alcohol advertising / product placement	Yes / No
Legally binding regulations on alcohol sponsorship / sales promotion	No / No
Legally required health warning labels on alcohol advertisements / containers	Yes / Yes
National government support for community action	No
National monitoring system(s)	—